

***Are you an African woman with a disability?***

***Are you an African mother of a child with a disability?***

***Are you a wife or a female relative of an African man with a disability?***



**Then you are invited to join us for our monthly  
Crossing the Bridge Workshops!**

Activities will include:

- ◇ Focused group meetings with discussions on disability issues
- ◇ Art and craft activities including sewing and knitting classes
- ◇ Socialisation and networking
- ◇ Cooking and sharing African meals together

Monthly Group Activities for African Women with Disabilities start on

**Thursday 6th August 2015**

**Thebarton Community Centre**

Corner of Ashwin Pde and South Rd, Torrensville (carpark entry off South Rd)

Contact Esther Simbi on 82039400 and on 0448880699, or email her at [esther.simbi@ywca.com.au](mailto:esther.simbi@ywca.com.au) for more information or to register interest!

Workshops delivered by YWCA Adelaide with support from the City of West Torrens